



ZUMBA®
fitness

**at Bessie Rowell
Community Center!**

Join the Latin inspired dance fitness craze!
Sweat and shake your way to better health!

Your first class is free!

Purchase a 5 class punch card for \$25

What are you waiting for??

Monday 4:45pm Zumba
Wednesday: 5:30pm Zumba
Saturday: 8:15am Zumba

All classes are 50 minutes

Attend one or all!

Must be 14 years of age to participate

Classes taught by Melissa Lee,
Licensed Zumba and Zumba Gold
Instructor

zin zumba
instructor
network™