

# Franklin Parks & Recreation Department

## Winter 2017-2018

### Pre-School & Kindergarten Basketball

Recreational basketball that will offer a time of interaction for children and their parents. Children will be introduced to basic basketball skills as well as a variety of fun games in a safe environment. All children must be accompanied by an adult, and the adult must stay through the entire class.

**When:** Saturdays

January 6th - February 17th

**Time:** Pre-School - 8:30am - 9:15am

Kindergarten - 9:30am—10:15am

**Where:** Bessie Rowell Community Center

**Fee:** \$20.00 (Resident) / \$30.00 (Non-resident)

**Registration Deadline:** January 3rd

Includes t-shirt & team photo (must be present at picture day).



### 1st & 2nd Grade Basketball

Recreational program offering children the opportunity to develop basketball skills and self confidence through a safe and fun learning environment. Youth will be divided into teams and will practice Saturdays with an optional practice weeknights.

**When:** Saturdays (weeknight practice TBD)

December 9th - February 17th

**Time:** TBD based on number of teams

**Where:** Bessie Rowell Community Center

**Fee:** \$30.00 (Resident) / \$40.00 (Non-resident)

**Registration Deadline:** December 6th

Includes a t-shirt, mouth guard and team photo (must be present at picture day).

**Coaches Needed**

### 3rd Grade - High School Basketball

Recreational program offering children the opportunity to develop basketball skills and self confidence through a safe and fun learning environment. Skill development, team play, and sportsmanship are stressed. Youth will be divided into traveling teams and play other area recreational teams. Practices and games will be week nights and weekends and will vary by team. There are generally 1-2 practices and 2 games per week. There is a 12-15 game schedule with additional tournaments. Team practices will start the week of December 2nd. You should hear from your coach prior to with your practice schedule. WE NEED COACHES—If you are interested please contact the Parks and Recreation Department as soon as possible.

**When:** December - February

Days and times will be based on number of teams and coach preference

**Fee:** \$40.00 (Resident) / \$50.00 (Non-resident)

**Registration Deadline:** November 25th

Includes mouth guard, referees and team photo (must be present at picture day).

**Coaches Needed**

Must Pre-register at the Franklin Parks and Recreation Department and we encourage all players trying out for the school teams to register while space is available. Payment is due prior to the first practice.

### Merrimack Valley Basketball League

We will be entering a 5th & 6th grade & 7th & 8th grade boys team into the Merrimack Valley League. If you are interested in joining this team, we will be hosting tryouts on November 4th from 9 -11am and November 8th from 6-8pm at the Proulx Center. When registering, please note that you wish to participate in the league. This team will be competitive and will add an additional 7 games, 2 jamborees and playoffs to the regular schedule. There is an additional fee of \$15 to participate in the League Team. League payment will be due after tryouts.

### Pre-Season Basketball

**5th—8th Grade Girls - 6:00-7:30pm at the Proulx Center - 11/7, 11/14, 11/21, 11/28**

**5th—8th Grade Boys—6:00-7:30pm at the Proulx Center - 11/2, 11/9, 11/16, 11/30**

**FREE - Must fill out a registration form at the Bessie Rowell Community Center prior to participating.**

## **COMPANION BOOK CLUB**

The Franklin Rec. Companion Book Club with Mrs. Dzjuna will host an evening book club for students in 4th grade - 8th grade, where student and adult companions meet monthly to discuss and celebrate quality children's literature. Each month the students will receive a book for their personal libraries. Meetings are held on the first Monday, from 6-7:30pm at BRCC. Contact 934-2118 to sign up! **This program is FREE for all!**



## **Santa & His Workshop**

The Franklin Parks and Recreation Department will take part in the "Santa & His Workshop" program in conjunction with the TRIP Center on **Friday, December 1st from 3:30pm-6:00pm.**

This party will consist of games and fun for everyone. Franklin Savings Bank will be sponsoring photos with Santa. Please bring a can good for the Mix 94.1 Cash N Cans. Registration is not needed.



## **Letters From Santa**

The Franklin Parks and Recreation Department will be offering the Letters From Santa program. Registration boxes will be placed in local businesses beginning in mid-November and also at the "Santa & His Workshop" program. For more information please contact the Franklin Parks and Recreation Department at 934-2118.

## **FREE Storytime**

The Franklin Public Library invites you to join the Children's Librarian for story time and crafts.

**Who:** Children of all ages from any town

**When:** Thursday - 9:30am / Saturday - 9:30am

**Where:** Franklin Public Library—310 Central Street



## **Adult Pick Up Basketball**

Open basketball night for men and women 18 and over interested in participating in pick-up basketball games.

**When:** Sundays - 6:00-8:00pm

November 5th - April 29th

**Where:** Proulx Center

**Fee:** \$2.00 (Resident) / \$3.00 (Non-Resident) per day

## **Beginner & Intermediate**

### **Archery Lessons**

**Beginner** - Learn the basics of shooting as well as some advance moves for those who have done archery before. Taught with archery games. If you have taken a class with us before, hone in on the basics and get even better than before. All equipment is provided.

**Intermediate** - For those who have already taken archery with us in the past and who are ready for a new challenge. Staying focused when distractions are everywhere is important to competing. Learn the eagle eye stealth moves of the Olympic archer. All equipment is provided.



**Who:** Ages 6- Adult

**When:** Thursdays

November 2, 9, 16, 30

December 7, 14, 21, Jan 4

January 11, 18, 25, Feb 1

**Time:** 6:15m - Beginner

7:15pm - Intermediate

**Where:** Bessie Rowell Community Center

**Fee:** \$40.00 (Resident) / \$45.00 (Late/Non-resident)

**Registration Deadline:** One week prior to session start date



Do you have  
**unused or expired**  
medications in your home?

## **FREE and ANONYMOUS Disposal of Rx Medication!**

Bring your unused or expired medication for SAFE disposal:

**Saturday, October 28**

**10AM – 2PM**

**Local Collection Site:** CVS Parking Lot,

**Central Street in Franklin**

**\*\* NO needles, syringes or lancets will be collected \*\***

*This collection made possible by the  
Drug Enforcement Agency, Franklin &  
Tilton Police Departments and the  
Franklin Mayor's Drug Task Force.*

**Questions?** Call Franklin PD @ 934-2535





# LIGHTS ON AFTER SCHOOL HARVEST CELEBRATION

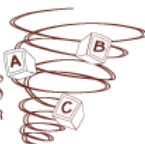
Celebrate “Healthy People in Healthy Places” at BRCC!

Join in on this fun family evening highlighting “Lights on After School,” and the healthy messages and environment that BRCC has been working to achieve!

**Thursday, October 26th**  
**Drop in between 4:30-6pm**  
**At the Bessie Rowell Community Center**  
**12 Rowell Drive, Franklin NH**

**FREE FOR THE WHOLE FAMILY!**  
**FREE DINNER & OPEN HOUSE**  
**MAD SCIENCE PRESENTATION**  
**FUN GAMES & FACE PAINTING**  
**AND MORE - DON'T MISS OUT!**

**Tiny Twisters**  
CHILD CARE CENTER



COMMUNITY • HEALTH • PLAY



Franklin Head Start  
Early Head Start



*For More Information contact Krystal at 603.934.2118 ~ [kalpers@franklinnh.org](mailto:kalpers@franklinnh.org)*



# Franklin HALLOWEEN EXTRAVAGANZA

## Saturday, October 28th

A fun filled array of family events co-sponsored by many Franklin area organizations and businesses. Join us for one or stay for them all ....we guarantee you'll have a ball!



### 2:00pm - 4:00pm - TRIP CENTER FAMILY HALLOWEEN PARTY

At the Bessie Rowell Community Center - 12 Rowell Drive, Franklin  
*Please call 934-4151 for more information.*

Free for Children up to age 12 – must be accompanied by an adult! Come to the Community Center for games, make-and-take craft tables, pumpkin decorating, goody bags, refreshments and MORE!! Come dressed in costume for the parade.

### 4:00pm - 4:30pm - COSTUME PARADE TO DOWNTOWN

We will walk downtown from the Bessie Rowell Community Center for some more fun Halloween Activities! Children must be accompanied by an adult. Bus transportation will be available every 20 minutes from 5:30pm-6:30pm back to the Community Center. Pick up location is at City Hall.

### 4:00pm - 6:00pm - DOWNTOWN BUSINESS FESTIVITIES

Join the businesses downtown for some fun Halloween activities and Trick-or-Treating.

### 4:00pm - 6:00pm - TRUNK OR TREAT

As you make your way through downtown, stop by the Municipal Parking lot on Smith and Canal Street for some "Trunk or Treating". Cars will be set up with their trunks decorated handing out goodies.

### 7:00pm - COMMUNITY HALLOWEEN MOVIE

At the Veterans Memorial Ski Area - 266 Flaghole Road, Franklin  
After your fun Downtown, head up to the Ski Area for a Family Halloween Movie.

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*\*\*If your organization or business would like to register a car for Trunk or Treating, please contact Krystal at [kalpers@franklinnh.org](mailto:kalpers@franklinnh.org) or 934-2118 for a registration form.\*\*\**

**All of the above events are open to residents of Franklin and the surrounding communities. For more information call 934-2118.**





# Open Gym and Game Room



Foosball

Basketball

Pool

Air Hockey

Ping Pong

**FREE**

5th Grade—12th Grade

Monday—Friday

2:30pm-3:30pm

(Game room will stay open until 3:45)

**FREE Snack and Supervised**

At the Bessie Rowell Community Center  
12 Rowell Drive, Franklin

## FRANKLIN JUNIOR YOUTH GROUP

6th, 7th & 8th Grade (ages 11-14)

Most **FRIDAYS 7:00-9:00pm**

And, it's Free!

**Rowell Community Center**

12 Rowell Drive, Franklin



- \* Make friends
- Develop powers of expression
- Form a strong moral identity
- Discover your own potential to become an agent of positive change !

QUESTIONS? And for Exact Dates

Call Karen Darling at **770-1851**

“Like” us on Facebook! “Jr. Youth Group Franklin NH”



Help your community!  
**DO SERVICE!**



Express yourself thru  
**ART and MUSIC!**



Make the **WORLD**  
a better place!



Play **SPORTS & GAMES**  
and make great friends!

# FRANKLIN PARKS AND RECREATION BEFORE & AFTER SCHOOL PROGRAM

Monday – Friday ~ GRADES: K - 8

Before School ~ 6:30am-8:30am ~ \$0-\$20 week / \$0-6 day

After School ~ 2:30pm-6:00pm ~ \$0-\$25 week / \$0-8 day

(Discounted rates apply to students who receive Free or Reduced Lunch)

OPEN SNOW DAYS AND DELAYS, TEACHER WORKSHOP DAYS,  
AND EARLY RELEASE DAYS!

\*\*\* *FULLY LICENSED FACILITY* \*\*\*



Join the Franklin Parks and Recreation Before & After School Program for some:

- **FUN ACTIVITIES!**
- **HOME WORK HELP!**
- **SPECIAL FRIDAY ACTIVITIES!**
- **MATURE, EXPERIENCED STAFF!**
- **HEALTHY BREAKFAST & AFTER SCHOOL SNACK!**
- **LATE BUS—Transportation Home After School**
- **FAMILY DINNERS & ACTIVITIES**



Air Hockey & Foosball

Board Games

Science & Creativity

Arts & Crafts

Dance & Fitness

Playground

Special Guests

Outdoor Play Space

Sports & Recreation

For more information please call 934-2118 or visit our website at  
[www.franklinnh.org](http://www.franklinnh.org)



**ZUMBA®**  
fitness

**at Bessie Rowell  
Community Center!**

## NEW FALL SCHEDULE!!

Join the Latin inspired dance fitness craze!  
Sweat and shake your way to better health!

**Your first class is free!**

Purchase a 5 class punch card for \$25

What are you waiting for??

**NEW Monday 4:30pm Zumba Gold**

**Monday: 5:30pm**

**Wednesday: 5:30pm**

**Saturday: 8:15am**

All classes are 50 minutes

Attend one or all!

Must be 14 years of age to participate

Classes taught by Melissa Lee,  
Licensed Zumba and STRONG by  
Zumba Instructor

**zin** zumba  
instructor  
network™

# ADDITIONAL INFORMATION

## **Birthday Parties**

Schedule your next birthday party at the Bessie Rowell Community Center. We have a lot of great equipment and activities that will make your party memorable. Please call for pricing and to reserve your date today! Must reserve date 2 weeks prior to event.

## **Rent the Community Center**

Having a baby shower, bridal shower, or a holiday event and do not know where to hold it? Rent the Bessie Rowell Community Center to hold your next event. Please call the Franklin Parks and Recreation Department for more information.

## **Instructors Wanted**

Have a talent or skill that you would like to share with your community? Please call the Franklin Parks and Recreation Department and we can discuss a program for you.

## **Volunteers**

The Franklin Parks and Recreation Department needs adult volunteers to help with various aspects of our programs, including coaching our youth sport teams. If you are interested in coaching any sport or activity, or volunteering your services in any other capacity, please contact the Franklin Parks and Recreation Department.

## **Bessie Rowell Community Center - Open Gym / Game**

### **Room Schedule**

The Bessie Rowell Community Center will be open to the public to come and shoot some hoops, play pool, ping pong, foosball or air hockey. Please call the Franklin Parks and Recreation center for the weekly schedule! Weekend hours as well!

## **Give the Gift of Recreation**

To someone less fortunate by giving to our scholarship fund. This fund is used to offset program fees for families / participants that may not be able to afford a program on their own. We greatly appreciate and accept donations of any size. You may send checks made out to Franklin Parks and Recreation, with a note that it is for a scholarship.

Please join the Franklin Outing Club the 1st Wednesday of the month at Veteran's Memorial Ski Area on Flaghole Road for their monthly Club meeting.

## **Registration Information**

Franklin Parks & Recreation programs are open to the community on a first come first serve basis. The program fee and registration must be submitted prior to the sign-up deadline. If class minimum is not met, class may be cancelled. Registration forms are available at the Bessie Rowell Community Center and on the web at [www.franklinnh.org](http://www.franklinnh.org). Please make checks payable to: **City of Franklin** and mail to 12 Rowell Drive, Franklin, NH 03235. For further information contact Krystal Alpers, Parks and Recreation Director at 934-2118 or [kalpers@franklinnh.org](mailto:kalpers@franklinnh.org). Office hours are Monday - Friday 6:30am - 6:00pm.