



Child Wellness Reimbursement Form

City of Franklin

Subscriber Information (please print clearly or type)

Subscriber Name			
Mailing Address			
City, State Zip			
Telephone		Subscriber's HP ID#	

Each program is based on the plan year (July-June). Submissions must be received no later than August 15th of the following plan year.

If submitting for Child Wellness Reimbursement, please complete this section:

Reimbursement	Amount	Description
Child Wellness	\$200	Each enrolled child under the age of 18 is eligible to receive up to \$200 <u>per plan year</u> for completing an eligible child wellness expense.

☐ I have included an itemized receipt and proof of payment for an eligible child wellness expense.

Participant's Name	Specific Program/Class	Cost
		\$
		\$
		\$
		\$

Total Amount Requested \$ _____

Acknowledgement/Instructor Information:

Provider/Facility Name:

- ☐ I am certified to teach this program
- ☐ I attest that the noted individual completed and attended/participated in at least 75% of the program

Instructor Signature:	Date:
Print Name:	Phone Number:

To receive Incentive and Reimbursement payments, please complete this form and submit with other required materials to:

New Hampshire Interlocal Trust
ATTN: Wellness Reimbursements
PO Box 4090
Concord, NH 03302-4090
Or
wellness@nhitrust.org

PLEASE ALLOW 4-6 WEEKS FOR PROCESSING

Please see the reverse side of this page for examples of eligible health and wellness classes, as well as a list of exclusions.

Examples of Eligible Health and Wellness Classes

**Please note that only lesson/instructor time is eligible for reimbursement.
Equipment, uniforms and other supplies for classes are not eligible for reimbursement.**

Karate, Taekwondo, etc.

Dance

Zumba

Figure Skating

Community Based Sports

Meditation

Stress Management

Yoga, Tai Chi, etc.

Ski Lessons

Swimming

If you are unsure whether a class or activity is eligible, please contact the NHIT for preapproval.

Health and Wellness Exclusions:

- Fitness equipment or other items/products required for wellness classes, including but not limited to equipment, team uniforms, books, food and supplements; and
- Fitness videos or DVD programs.

New Hampshire Interlocal Trust Fitness Reimbursement Program

This program is administered by New Hampshire Interlocal Trust and replaces the former Harvard Pilgrim Health Care program. NHIT members are eligible for reimbursement up to \$150 per individual or family policy. The reimbursement program runs on a plan year.